

PAESTUM

Travel guide



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The story of Poseidonia

Paestum is an ancient city of Magna Grecia called by the founders Poseidonia and later Paestum by the Romans in honor of Poseidon, but very devoted to Athena and Hera. The guided tour will take you to admire three temples.





Temple of Hera or Basilica

The first, that of Hera, also called Basilica is the oldest, in Doric style, with impressive dimensions .

Temple of Poseidon

Later we will visit the largest temple, that of Poseidon, also called Neptune, comparable to the temple of Zeus in Olympia.



Temple of Athena

The tour continues with the discovery of the third temple, that of Ceres, the Sanctuary dedicated to Athena, of a more modest but equally exceptional size.

The Forum and the Amphitheatre

Along the Via Sacra there will be the opportunity to see the Roman Forum and the Amphitheatre.



the National Archaeological Museum

After the ruins of Paestum, the tour will end at the National Archaeological Museum, where you can admire the thirty-three Actopes of the temple of Hera Argiva, the statue of Zeus, the crater with the rat of Europe and the famous tomb of the diver: a tomb of five limestone slabs in local travertine plastered and decorated with parietal painting of a figurative subject, realized with the fresco technique.



Enjoy your visit!

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